



Sahayata e.V.



Annual Report 2025

Dear readers,

As we do every year, we would like to report on our projects and provide an overview of how your contributions have been used.

2025 was another eventful year.

At the beginning of the year, we invited all members to a workshop to review our work, reflect on the organization, review our goals, and optimize our processes. It was two days of intense discussion and brainstorming. Many thanks to all participants who came to Iffeldorf or contributed online.



We are particularly happy that new members and new donors have joined us this year. This has enabled us to maintain our commitments at the previous level and support a few more children. New additions include the school fees for Smarika and Tashi, who live externally, i.e., with their families, as well as new children whom Ram Hari has taken in at Indreni. Ram Hari has kindly agreed to take care of monitoring and transferring money for the children who remain with their families.

Chchitiz, one of the four children from the group of street children for whom Melanie S. asked Sahayata e.V. for support five years ago, has now also finished school and left the boarding school.

During her private trip to Nepal, Heike visited the two institutions supported by Sahayata e.V., gathered information, and wrote a report on their current status and the need for further support. Her report, which is included below, is very detailed and well worth reading!

There was political unrest in Nepal in 2025, resulting in children and young people being placed under a temporary "house arrest." Fortunately, the situation in Kathmandu quickly calmed down.

The organization "Weltwärts" approached us. The development policy volunteer service Weltwärts is aimed at young people between the ages of 18 and 28 from Germany who would like to spend several months, usually a year, working in a country in Asia, Africa, Latin America, Oceania, or Eastern Europe. Weltwärts helps with finding placements, obtaining the necessary visas, and insurance, and provides program managers in the countries who can be contacted by volunteers if necessary. It is a professionally organized opportunity for interested young people. We asked our partners in Nepal if they were interested in working with Weltwärts. The responses were positive, and so direct contacts could be arranged.

In 2025, there was another calendar campaign. Adelheid had once again compiled very interesting photos from her collection into five beautiful calendars, which were offered in two formats at affordable prices. This resulted in a net income of €1,302. The photography group at Roche GmbH

also donated the proceeds from their calendar campaign to Sahayata e.V. We are delighted to have received €554.

1. Reports from the projects

1.1 Nepal projects 2025



INDRENI Children Home, Sundarijal



Disabled Service Association (DSA), Bungamati

Dear friends and sponsors of our projects in Nepal,

The year 2025 has passed, and we would like to give a brief review of the institutions we have been supporting in Nepal for 15 years. Much has changed during this time, and the first generation of our children has finished school and is already leading independent lives with families and children of their own. For some, this was the first generation ever to attend school. It always makes us happy to see these successes, which would not have been possible without the help of you, our sponsors. Therefore, on behalf of the Nepalese children and the teams led by Daya Ram Maharjan and Ram Hari Khadka, we would like to express our sincere gratitude for your many years of support for the children.

The year 2025 began at the boarding school in Bungamati with the repair of the roof, which was damaged during the heavy rains in the fall of 2024. The repair was supported by the “Umverteilen” foundation, which provided 3,000 euros. In March 2025, Fura and Diki Sherpa (who live in Germany) were able to visit and see the progress of the construction work. They had been to Bungamati several times to obtain urgently needed aids for the blind children, for example. For example, there was a shortage of dictation devices and calculators. We received a donation of €1,000 from the GLS umbrella foundation, which we handed over during our visit at the beginning of June. Naturally, everyone was delighted.



1000 euros from the GLS umbrella foundation, roof repairs,

Diki and Fura at DSA with Yewon and Bishow Ram



During Jürgen, Heike, and Gabriele's visit to both projects in June, interesting discussions took place with the managers and the children. One question that came up repeatedly was how to improve contact between the sponsored children and their sponsors. This is important for both sides, especially when a sponsorship has been in place for many years. The conversations with two former children we sponsored from the home in Sundarijal were also interesting. Prakash and Umesh belonged to the first generation of children who were taken in as small street children. Prakash now works as a teacher at Indreni and Umesh is studying gastronomy. Both have the dream of one day working abroad, but that is of course difficult. Our small Tibet hiking group covered the costs for Prakash so that he could accompany us on the Kailash circumambulation. This gave us plenty of time for good conversations and visions for the future in an already very impressive setting.



With Daya Ram Maharjan in Bungamati



View of Mount Kailash in Tibet

With Ram Hari Khadka, Umesh and Prakash in Kathmandu



Some of the children also finished school this year after 10th or 12th grade. They are often among the best students, as the homes place great emphasis on learning. Bishow Ram, one of our blind students, began studying this year.

Many activities were organized again for the DASAIN and TIHAR holidays in the fall, as many children have no family or their families live too far away. The DSA children took a trip to the rebuilt 72-meter-high Dharahara Tower in Kathmandu and the former royal palace.

The Indreni children hiked in Shivapuri National Park and enjoyed sports and games.





Our association received a request to provide short-term support for a child who had lost her mother. Renata from Austria quickly agreed to become little Tashi's sponsor and cover her school fees.

Thank you very much for this!

We received another generous donation from Margitta and Reimar, who regularly ask for donations to the DSA project in Bungamati instead of anniversary gifts. We congratulate them on their iron wedding anniversary, wish them many more wonderful years together, and thank them very much!



In previous reports, we also told you about Pabin, who had a serious motorcycle accident two years ago. Pabin is doing well again, working in a restaurant and continuing his studies. The Weltladen in Senftenberg, which had sponsored him, will now take on the sponsorship of a new child. Thank you very much for that too!

It has become a wonderful tradition to send the children a Christmas package with well-preserved winter clothes. Even in Kathmandu, winter is quite cold and there is hardly any heating. So once again, knitted items, sweaters, some toys, and other gifts were sent on their way and delivered at Christmas.





At Indreni, the children designed Christmas cards and rehearsed the song “We Wish You a Merry Christmas” again. And there was a Christmas cake for everyone:



It doesn't take much to be happy!

There is already a new wish for 2026 for DSA. Since blind, deaf, and physically disabled children are cared for here, it sometimes happens that children fall ill at short notice. Two children had to be treated in hospital, which was very costly. One child developed high blood pressure and will probably have to take medication for the rest of his life.

We need an emergency fund that can be accessed quickly and without bureaucracy. Sahayata will also finance another teacher for deaf children.

So the work continues, and we are delighted that with your help we can continue to support these projects.

We also welcome anyone who would like to get involved in the association in any way.

Thank you once again to everyone, along with our best wishes for a peaceful, successful, and happy 2026.

Heike Vehma

Project Manager DSA, SAHAYATA e.V. www.betterplace.org/p14396

<https://sahayata.de/>

1.2 Tanzania

We were not active in Tanzania in 2025. There were no requests for smaller-scale projects this year. We are still saving up for the construction or renovation of classrooms. Donations earmarked for Tanzania are still welcome, as construction projects are expensive and we first need to

build up the necessary financial reserve. At the beginning of 2026, there were developments that can be seen in the following pictures. The older classrooms have large cracks in the masonry, as well as in the floors. It looks terrible, and one has to wonder why the authorities are not providing the funds to remedy this unacceptable condition.



1.3 Indonesia

Sahayata looks back with great joy on the development of Rofi, Rahmi, and Raihana.

Rofi and Rahmi have successfully completed their training, found jobs, and are now standing on their own two feet—an important milestone in their lives. Rofi now works for an international company that trades gemstones online. Even though she did not find a job directly in agriculture, her training was the key to her current position. It opened doors for her and boosted her self-confidence. A few photos from her everyday working life provide a glimpse into this new phase of her life.



Rahmi continues to work in the online fashion industry. She enthusiastically presents Mo-de live on Shopee and TikTok. Her enjoyment of this work is clearly evident and shows how much she thrives in her role.



Our youngest, Raihana, attends a boarding school in Pacet and is now in secondary school. She is very hardworking, highly motivated to learn, gets good grades, and feels very comfortable at her school. We are very proud of her positive development.



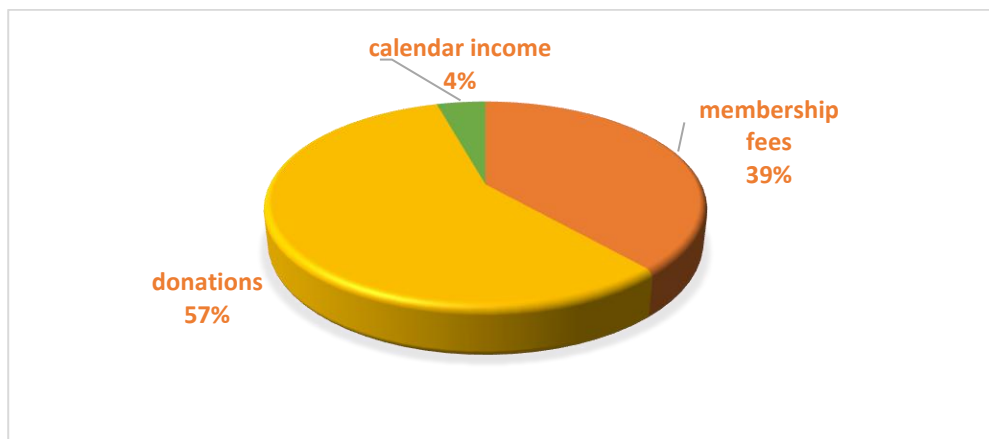


Sahayata would like to express its heartfelt thanks to all its supporters. Your continuous help has changed lives and made the future possible. Without you, Rofi, Rahmi, and Raihana would never have come this far. This project is a joint success—built on trust, commitment, and compassion.

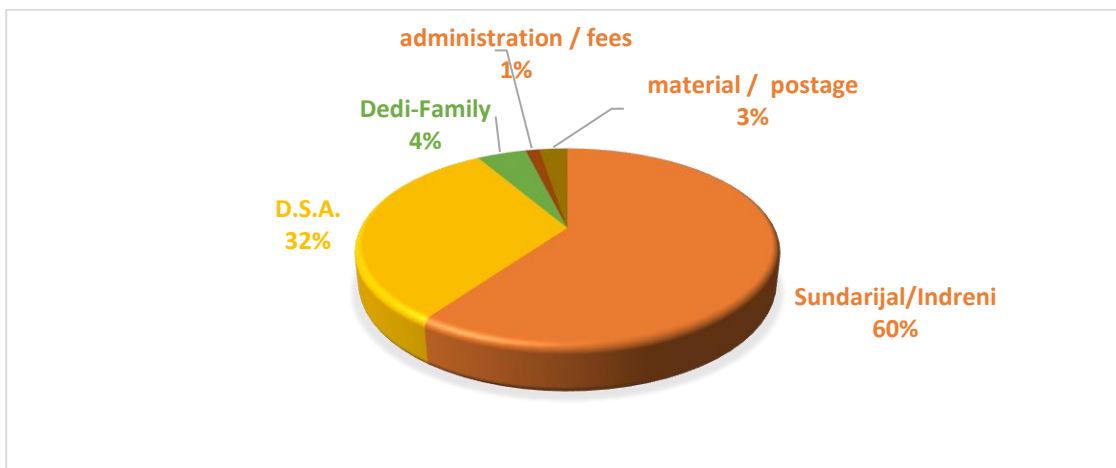
This brings the project full circle: support turned into strength, hope turned into a future – a shared journey that can now be concluded with gratitude and great success.

2. Financial Report 2025

Revenue 40,612.77 €



Expenses 29,001.67 €*



* Due to problems with our bank, the transfers to the project sponsors were unfortunately not made until the beginning of January. However, they were presented here as part of the annual budget for 2025.

In 2025, we were pleased to have a lot of income and no unexpected gaps to fill, which had arisen in previous years due to storms and landslides, for example. This gives us financial leeway for further activities, such as an additional teacher at D.S.A. or other urgent issues, such as the school in Makuyuni, Tanzania. We will discuss this at the upcoming annual general meeting.

3. Outlook for 2026

We will make it possible to hire an additional teacher at D.S.A. Nepal. Two children from the Dedi family in Indonesia have graduated. This means there will be no need for support here in 2026. At the school in Makuyuni, Tanzania, as described above, there are serious problems in some classrooms. We want to help with the necessary construction work. To do this, we still need to raise additional funds.

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We would like to thank all our loyal members, friends, and supporters of the association. Above all, we are grateful for the increase in contributions and donations made by our dear friends and members, as well as by new individuals and organizations. Heike has already mentioned some special contributions to our association in her report above.

Ms. Dagmar Jung from Sulzbach-Rosenberg has once again organized a popular charity event in aid of our association, and the non-profit project "Papier für Perspektiven" (Paper for Perspectives) run by the association Pfarrer Nikolaus Reichl Werk e.V. has also surprised us with a large donation. Thank you very much!

We are delighted about your continued commitment and interest in the children.

With best wishes

Adelheid, Renate, Anna, Heike, and Waltraud